

## BEST PRACTICE

**LOCATION:**  
**ACTIVITY:** Occupational Health  
**SUB ACTIVITY:** N/A  
**BEST PRACTICE No:** BP671

**ARTICLE YEAR:** 2009  
**COMPANY:** Barr Quarries  
**COMPANY LOCATION:** Killoch Depot, Ayrshire  
**COMPANY TEL:** 01290 700700

### TITLE

Barr Quarries health and safety drive

### ARTICLE

As part of a health and safety drive Barr Quarries took part in an occupational health and safety initiative, with the aim of highlighting occupational health and safety related issues to the whole of the workforce.

Due to the geographic area to be covered, Barr hired a double-decker bus specially fitted out as a mobile information centre.

Information regarding occupational and general health was available, including:

- Testicular cancer.
- Stress.
- Obesity.
- Healthy eating.
- Healthy living.

Various information leaflets were made available and an occupational health nurse was able to carry out individual health checks testing blood pressure, cholesterol, BMI and diabetes. She offered confidential advice regarding general health and, as a result, a number of employees were referred to their GP for further investigation.

Members of the PPE supply chain were on hand to discuss any issues relating to hand, eye, respiratory and hearing protection.

The drive has helped raise health and safety awareness and improved communication at all levels.

### ARTICLE IMAGES