

# Drivers falling whilst exiting or entering their cabs

## WHAT HAPPENED

There have been two recent incidents where drivers have been injured when either entering or exiting lorry cabs.

1. A driver fell while exiting a cab resulting in bruising to their hip and ribs. The injuries have resulted in over 4 weeks lost time.
2. Another driver managed to prevent a fall by holding the handrails when they slipped whilst getting into a cab. They injured their shoulder resulting in 5 lost days

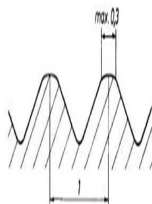
## LEARNING POINTS / ACTIONS TAKEN

Drivers are reminded of these simple checks that will help to prevent this type of incident

- Exit the vehicle backwards
- Ensure that footplates are not worn or damaged
- Ensure the soles of footwear are not covered in mud
- Ensure the area inside the cab around the doorway is clear of any obstructions
- Be aware of any debris or potholes in the ground you are about to exit onto

(Safequarry editor's note: although not a factor in these incidents, wear to soles of boots have contributed to a number of driver falls. PPE should be subject to routine inspection and replaced when necessary – Drivers should be encouraged to report damage/wear etc)

The extent to which wedges can be used over again depends on many factors. After a number of stressing operations, the teeth of the wedge tend to flatten. Flattening by up to 3/10mm per tooth with a 1mm pitch is permissible but if this should be exceeded, then the wedges must be replaced. Flattening of the case hardened surface at individual points is permissible.



Footplate in poor condition



Footplate in good condition

**LOCATION:**

**ACTIVITY:**

**SUB ACTIVITY:**

**TRANSPORT**

**ACCESS & EGRESS & WORKING AT HEIGHT**

**N/A**

**ALERT STATUS:** Normal

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