

Personal Protective Equipment  
**Guidance on recommended  
PPE for Drivers**

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The trade association for all  
aggregates, asphalt, ready-mixed  
concrete, mortar, silica sand and lime

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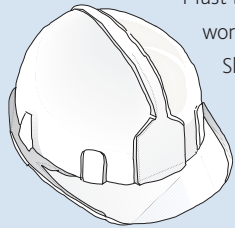
The following Personal Protective Equipment (PPE) is the minimum recommended standard for drivers making deliveries on behalf of QPA member companies.

Some items may vary dependent on company site/contract specific requirements.

- All items should be checked by management/vehicle operator at least annually.
- All drivers must be aware of the PPE replacement protocols.
- All drivers should be familiar with standard PPE signage.

### Recommended PPE

#### Safety Helmet to BS EN397



Must be correctly adjusted and worn when outside the cab. Should be white in colour. Safety helmets need to be replaced on expiry date or earlier if impact sustained or if showing signs of yellowing.

#### Long Sleeved High Visibility Jacket, Coat, Waist Coat or Long Sleeved Summer Top - complying with BS EN471 Class 3

This includes 2 reflective strips

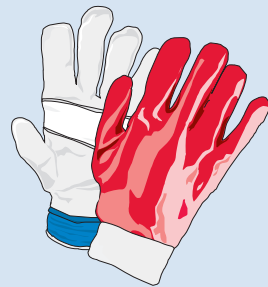


around the waist and arms. This should be washed or replaced regularly to ensure visibility is maintained.



Boots that provide ankle protection, reinforced mid sole, steel toe caps and good grip.

Some QPA members specify the type of footwear they permit.



#### Suitable Gloves

Two sets are recommended. Use PVC gloves to protect from oils & diesel etc. Use canvas based gloves for general protection from rope burns etc.



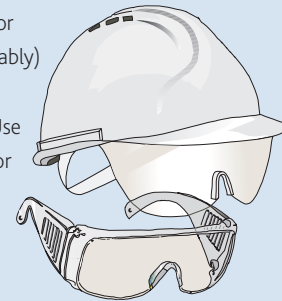
#### High Visibility Trousers or Overtrousers

Full leg covering required. Colour can be yellow, orange.

### Additional Recommended PPE to be carried

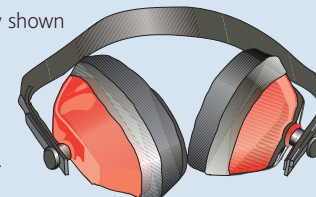
#### Eye Protection

Safety glasses or goggles (preferably) or in-built helmet/visor. Use safety glasses or goggles when jet washing.



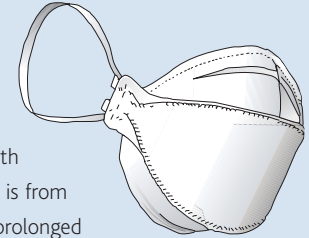
#### Ear Protection

Ear muffs (preferably) or pop-ins – in either case there must be clean storage available – can be Tupperware type box. Also driver must be formally shown correct technique to use and self-checks.



#### Respiratory Protection

This may be compulsory in some locations which will be indicated with the appropriate signage. The main risk to health associated with airborne dust is from excessive or prolonged exposure to respirable crystalline silica. This hazard is most likely to be encountered at operations producing/handling silica sand, gritstone, sandstone (quartzite), granite, sand and gravel. Check if there are specific site requirements, for example cartridge masks.



**THIS DOCUMENT IS GENERAL GUIDANCE ONLY. PLEASE CHECK WITH INDIVIDUAL COMPANIES TO CONFIRM SPECIFIC PPE REQUIREMENTS.**

### REMEMBER!

**PPE is the last resort. Minimise your exposure to site hazards by remaining in your vehicle wherever possible.**